



Resilience at Shavington Academy

We are committed at Shavington Academy to support our pupils' resilience

- **Promote resilience**
- **Promote mental well being**
- **Develop a growth mind set**
- **To ensure students attend well, attain highly and are prepared for the challenge of post 16**

We develop pupils' **resilience** through **healthy coping** and **confidence building**:

Year 7 form time activities as part of their induction on the resilient form

Year 7 friendship group

Sleep programme for year 10 pupils in conjunction with Oxford University

Year 11 PHSE begins with a unit of work on resilience

Year 8 have a term on mental health in PHSE

Year 8 & 9 wellbeing collapse day

TWISTA group

Fire service respect programme

Work placements for those aged 14 +

Character community group

Attendance groups and meetings

We develop pupils' **resilience** through **listening** and **understanding their emotions**:

Scale cards to help manage their emotions

Bullying tab on the website

Social stories work for pupils with SEND

Head Pupil and deputies selected on their ability to relate to pupils overcoming barriers, with a passion for supporting mental health

Counselling in school

Lunch clubs

Parents' Parliament, Parents' Evenings

Gifted & Talented Policy based on growth mindset and grit

We develop pupils' **resilience** through **communication**:

Form time activities

Letter writing, diaries, debates

Pupil newspaper "Shav' I got news for you!"

Circle time

SMSC questions

Interview conference

Secondary College

CV writing

School council, tea & talk, Safeguarding Ambassadors

Leadership opportunities such as Pupil Curriculum Leaders and Prefects

Work Experience for all year 10

Singing tuition & choir

Drama and performance

We develop pupils' **resilience** through **problem solving** and the realising the **importance of failure as a learning point**:

Stanley Head activity trip for year 7

Problem solving in departmental schemes of work

Growth mind-set approach, promoting positive language amongst all stakeholders

Assertive mentoring

Marking policy with a focus on action points

Assemblies on resilience and grit