

"IT IS IMPOSSIBLE
TO LIVE WITHOUT
FAILING AT SOMETHING,
UNLESS YOU LIVE SO CAUTIOUSLY
THAT YOU MIGHT AS WELL
NOT HAVE LIVED AT ALL -
IN WHICH CASE, YOU FAIL BY DEFAULT."

- J.K. ROWLING

From the moment we are born, we learn...

<https://www.youtube.com/watch?v=zkcN7DMUiMc>

Learning...

As a baby:

- You didn't give up when it got tough
- You made mistakes and learnt from them
- If it didn't work the first time, you would try something different
- You knew you'd get there – no matter how long it took

How do we learn?

<http://www.bing.com/videos/search?q=Brain+and+Learning+Students&&view=detail&mid=3930474AAE24FD0FF5143930474AAE24FD0FF514&FORM=VRD GAR>

How do we learn?

The more you do something, the better you will become at it...



You will Fail and make Mistakes...

**“Success consists of going
from failure to failure
without loss of
enthusiasm.”
–Winston Churchill**

lifesperks.wordpress.com

<http://youtu.be/zLYECIjmnQs>

What makes someone successful?

- Believing in themselves
- Not being scared to fail
- Learning from mistakes
- Rising to challenges
- Realising that to struggle means you are learning more
- To never give up – no matter how hard it becomes
- Having a growth mindset – not a fixed one

10 Growth Mindset Statements

FIXED MINDSET



What can I say to myself?

GROWTH MINDSET



INSTEAD OF:

TRY THINKING:

I'm not good at this.

1 What am I missing?

I'm awesome at this.

2 I'm on the right track.

I give up.

3 I'll use some of the strategies we've learned.

This is too hard.

4 This may take some time and effort.

I can't make this any better.

5 I can always improve so I'll keep trying.

I just can't do Math.

6 I'm going to train my brain in Math.

I made a mistake.

7 Mistakes help me to learn better.

She's so smart. I will never be that smart.

8 I'm going to figure out how she does it.

It's good enough.

9 Is it really my best work?

Plan "A" didn't work.

10 Good thing the alphabet has 25 more letters!

The greatest barrier to

SUCCESS

is the fear of

FAILURE

♥ ROB-ANN

”

FAILURE

• **DEFEATS** •

LOSERS

BUT

» **IT** «

INSPIRES

— **WINNERS** —

“

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THERE is a
difference
BETWEEN
not knowing AND
NOT KNOWING YET.

- Sheila Tobias



<http://youtu.be/Ucv8O75erpg>

“I've always considered myself to be just average talent and what I have is a ridiculous insane obsessiveness for practice and preparation.”

Will Smith

It's your future...

Your achievement.....

- Ability
- Effort
- Skill
- Practise
- Perseverance

I'm not telling you it's going to be easy, I'm telling you its going to be worth
it

FIXED

GROWTH

